

Kriya Secrets Revealed Complete Lessons And Techniques

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Kriya Secrets Revealed Complete Lessons

"Kriya Secrets Revealed: Lessons and Techniques Workbook" details the original teachings of the Kriya Yoga techniques and philosophies as taught by its founder, Shyama Charan Lahiri, aka Lahiri Mahasaya or "Lahiri," 19th century India. At over 400 pages, "Kriya Secrets Revealed" is not your ordinary Kriya book!

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Kriya Secrets Revealed : Complete Lessons and Techniques ...

Kriya Secrets Revealed : Complete Lessons and Techniques by J. Stevens (2013, Trade Paperback)
The lowest-priced brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

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This is not your ordinary Kriya book! It includes all the techniques from several different main-line Kriya schools, including the 144 Kriyas of Babaji, the full 6 steps of Lahiri's Kriya, the 1930's version of Swami Yogananda's Kriya and other lineages.

Kriya Secrets Revealed by J.C. Stevens - Goodreads

Kriya Secrets Revealed J.C. Stevens has written an excellent book on the Kriya Yoga of Lahiri Mahasaya called " Kriya Secrets Revealed: Complete Lessons and Techniques ". It is similar to the free book by Ennio Nimis except that it presents the practices in an easy to follow lesson format.

Golden Age Journey: Kriya Secrets Revealed

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2. Kriya Secrets Revealed: Complete Lessons and Techniques; by: J C Stevens. Published in Jan 2013. 3. Kriya-yoga: The Science of Life-force; by: Swami Nityananda Giri. Published in 2013. Enjoy! If you have any comments about these 3 books (their authenticity, etc.), please feel free to leave a comment.

3 Books on Secrets of Kriya Yoga - AYP Public Forum

"Kriya Secrets Revealed: Lessons and Techniques Workbook" details the original teachings of the Kriya Yoga techniques and philosophies as taught by its founder, Shyama Charan Lahiri, aka Lahiri Mahasaya or "Lahiri," 19th century India. At over 400 pages, "Kriya Secrets Revealed" is not your ordinary Kriya book!

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